

## ACTIVE LIVING RESOURCES FOR PITTSFIELD



### ATHLETIC LEAGUES/ORGANIZATIONS (ADULT)

Berkshire Adult Baseball – Ages 20+ and 35+: 413-663-0741

Berkshire Rugby: <http://www.pitchero.com/clubs/berkshireunitedrugbyclub>

Berkshire Volleyball: [berkshirevolleyball@gmail.com](mailto:berkshirevolleyball@gmail.com), [www.berkshirevolleyball.com](http://www.berkshirevolleyball.com)

Pittsfield Soccer League - 18 years +: [pittsfield.soccer@gmail.com](mailto:pittsfield.soccer@gmail.com), [www.pittsfieldsoccerleague.org](http://www.pittsfieldsoccerleague.org)

### ATHLETIC LEAGUES/ORGANIZATIONS (YOUTH)

Little League Baseball – Ages 5 to 12: 413-499-9370

Babe Ruth Baseball – Ages 13 to 15: [www.leaguelineup.com/pittsfieldbaberuth](http://www.leaguelineup.com/pittsfieldbaberuth)

Legion Baseball – High School: 413-499-2834

Pittsfield Girls Softball – Ages 5 to 18: [info@pittsfieldgirlssoftball.com](mailto:info@pittsfieldgirlssoftball.com), [www.pittsfieldgirsoftball.baberuthonline.com](http://www.pittsfieldgirsoftball.baberuthonline.com)

Berkshire Blaze Softball - [berkshireblaze12u@gmail.com](mailto:berkshireblaze12u@gmail.com)

Pittsfield Soccer Club – Pre-K thru U-17: [www.pittsfieldsoccer.org](http://www.pittsfieldsoccer.org)

Pittsfield Jr. Football – Ages 7 to 14: [www.pjfleague.org](http://www.pjfleague.org)

Catholic Youth Center: [www.facebook.com/cyc.pittsfield](http://www.facebook.com/cyc.pittsfield)

Pittsfield Boys & Girls Club: 16 Melville St., 413-448-8258, [www.bgcberkshires.org](http://www.bgcberkshires.org)

Berkshire Family YMCA – Pittsfield Branch: 292 North St., 413-499-7650, [bfymca.org](http://bfymca.org)

Berkshire Rugby: <http://www.pitchero.com/clubs/berkshireunitedrugbyclub>

Badger Youth Wrestling Club – K-8<sup>th</sup> Grade: [www.facebook.com/BadgerYouthWrestlingClub](http://www.facebook.com/BadgerYouthWrestlingClub)

Advanced Volleyball Academy - 413-329-5112, <http://www.avavolleyball.com/> or [avaberks hires@gmail.com](mailto:avaberks hires@gmail.com)

Berkshire County Volleyball Club - [www.berkshirecountyvolleyballclub.com](http://www.berkshirecountyvolleyballclub.com)

Western MA Volleyball Club - <http://www.wmassvolleyball.com/>

### CYCLING

Berkshire Cycling Association (BCA): 413-684-3547, [www.berkshirecycling.org](http://www.berkshirecycling.org)

### DANCE

Cantarella School of Dance: 116 Fenn St., 413-442-1307, [www.canterellaschoolofdance.org](http://www.canterellaschoolofdance.org)

Funkbox Dance Studio: 137 North St., [www.thefunkboxdancestudio.com](http://www.thefunkboxdancestudio.com)

\*\*Pittsfield Council on Aging – Line Dancing, 330 North St., 413-499-9346, [www.cityofpittsfield.org/city\\_hall/council\\_on\\_aging](http://www.cityofpittsfield.org/city_hall/council_on_aging)

Pucciarello Dance Studio: 307 North St., 413-997-5678, [www.darrellpucciarellodance.com](http://www.darrellpucciarellodance.com)

Terpsichore Dance Center: 395 North St., 413-443-5392, [terpsichoredancecenter.com](http://terpsichoredancecenter.com)

\*\*Youth Alive – Step & Drum Corps for ages 8 to 18: [www.facebook.com/pages/The-Pittsfield-Youth-Alive-Step-Team/370737473932?sk=timeline](http://www.facebook.com/pages/The-Pittsfield-Youth-Alive-Step-Team/370737473932?sk=timeline)

### FITNESS/GYMS/YOGA

All Sports Mobile Fitness: 255 Columbus Ave. Pittsfield, (413)329-7583, [www.allsportsmobilefitness.com](http://www.allsportsmobilefitness.com)

Berkshire Community College: 1350 West Street, 413-499-4660, [www.berkshirecc.edu](http://www.berkshirecc.edu)

Berkshire County Fitness: Strong Ave., 413-281-7616, [www.berkshirecountyfitness.com](http://www.berkshirecountyfitness.com)

Berkshire Family YMCA – Pittsfield Branch: 292 North St., 413-499-7650, [bfymca.org](http://bfymca.org)

Berkshire Fitness and Wellness Center: 137 North St. Pittsfield, (413) 885-1633, [www.facebook.com/pg/berkshirefitnessandwellnesscenter](http://www.facebook.com/pg/berkshirefitnessandwellnesscenter)

Berkshire Nautilus: 42 Summer St. Pittsfield, 413-499-1217, [www.berkshirenautilus.com](http://www.berkshirenautilus.com)

Berkshire West Athletic Club: 100 Dan Fox Dr. Pittsfield, 413-499-4600, [www.berkshirewest.com](http://www.berkshirewest.com)

Berkshire Yoga Dance & Fitness: 55 North St. #201, 413-822-2034, [www.berkshireyogadancefitness.com](http://www.berkshireyogadancefitness.com)

Crossfit Pittsfield: 505 East St., 413-626-6325, [www.cfpittsfield.com](http://www.cfpittsfield.com)

Curves: 5 Cheshire Rd. Suite 131., 413-499-0990, [www.curves.com/locations/daltonpittsfield-ma](http://www.curves.com/locations/daltonpittsfield-ma)

Healthy Fitness: 71 Federal St. Pittsfield, [healthyfitness413@gmail.com](mailto:healthyfitness413@gmail.com), [www.facebook.com/pg/HealthyFitness413](http://www.facebook.com/pg/HealthyFitness413)

Planet Fitness: 690 Merrill Rd., 413-445-5100, [www.planetfitness.com/gyms/pittsfield-ma](http://www.planetfitness.com/gyms/pittsfield-ma)

Radiance Yoga: 401 North St., 845-532-5100, [www.radiance-yoga.com](http://www.radiance-yoga.com)

\*\*Denotes Free Service or Facility

LAST REVISED: January 22, 2018

# ACTIVE LIVING RESOURCES FOR PITTSFIELD

## **FITNESS/GYMS/YOGA (Continued)**

Retro Fitness: 675 Merrill Rd., 413-447-3876, [www.pittsfieldma.retrofitness.net](http://www.pittsfieldma.retrofitness.net)

Enrichment Fitness, 1450 East St. Suite B, 413-841-4631, [www.facebook.com/Enrichment-Fitness-505921322808742](https://www.facebook.com/Enrichment-Fitness-505921322808742)

Southeast Kettlebell: 222a Elm St., 413-717-1777, [www.facebook.com/SEkettlebell](https://www.facebook.com/SEkettlebell)

## **GOLF**

Berkshire Hills Country Club – Private: 500 Benedict Rd., 413-447-9429, [www.berkshirehillsc.com](http://www.berkshirehillsc.com)

Country Club of Pittsfield - Private: 639 South St., 413-447-8500, [www.ccpittsfield.org](http://www.ccpittsfield.org)

GEAA - Public: 303 Crane Ave., 413-443-5746

Pontoosuc Lake Country Club – Public: 38 Kirkwood Dr., 413-445-4217, [www.plcc.biz](http://www.plcc.biz)

Downswing's Indoor Golf Center: 10 Lyman St., Suite 7, 413-344-4316, [www.downswingsgolf.com](http://www.downswingsgolf.com)

## **GYMNASTICS**

Gymfest – Ages 6 to 13: 10 Lyman St., 413-445-5689, [www.gymfest.com](http://www.gymfest.com)

## **HIKING/WALKING**

Canoe Meadows: 200 Holmes Rd., 413-637-0320

\*\*City of Pittsfield Parks – See Public Parks Brochure: 413-499-9368

Hancock Shaker Village: 1843 West Housatonic St., 413-443-0188, [www.hancockshakervillage.org](http://www.hancockshakervillage.org)

Pittsfield State Forest: 1041 Cascade St., 413-442-8992, [pittsfield.forest@state.ma.us](mailto:pittsfield.forest@state.ma.us)

\*\*Downtown Walking Loop: 413-499-9368

\*\*Morningside Walking Loop: 413-499-9368

## **MARTIAL ARTS**

Chin Bo Jok Martial Arts Academy: 10 Lyman St., 413-445-7903, [www.facebook.com/Chin-Bo-Jok-Martial-Arts-Academy-154321971290943](https://www.facebook.com/Chin-Bo-Jok-Martial-Arts-Academy-154321971290943)

Elm Street Martial Arts: 160 Elm St., 413-499-0270, [elmstreetmartialarts.com](http://elmstreetmartialarts.com)

Han's Olympic Taekwondo: 457 Dalton Ave., 413-499-7800, [www.facebook.com/olmpictaekwondoofpittsfield](https://www.facebook.com/olmpictaekwondoofpittsfield)

## **ROWING & SCULLING**

Berkshire Rowing & Sculling (BRASS): 413-442-7769, [berkshirerowingandsculling@gmail.com](mailto:berkshirerowingandsculling@gmail.com), [www.berkshirerowing.com](http://www.berkshirerowing.com)

## **RUNNING/TRAINING**

Berkshire Lightning – Girls Grade 5 to High School: 413-445-5339, [coach@berkshirelightning.com](mailto:coach@berkshirelightning.com), [www.berkshirelightning.com](http://www.berkshirelightning.com)

Berkshire Running Center – Group Runs & Training/Coaching: 413-344-4472, [www.berkshirerunningcenter.com](http://www.berkshirerunningcenter.com)

Berkshire Thunder – Boys Running Club, [www.berkshirethunder.com](http://www.berkshirethunder.com)

The Infield/Berkshire Baseball Academy: 10 Lyman St., 413-281-2410, [www.bba-infield.com](http://www.bba-infield.com)

## **SKATEBOARDING**

\*\*City of Pittsfield Skate Plaza: Corner of East & Appleton Streets, 413-499-9368

## **SKATING**

Pittsfield Boys & Girls Club Skating Rink: 16 Melville St., 413-448-8258, [www.bgcberkshires.org](http://www.bgcberkshires.org)

Pittsfield Figure Skating Club: <http://www.pittsfieldfsc.com>

Pittsfield Speedskating Club: <https://www.facebook.com/groups/748589301854016/>

## **SKIING/SNOWBOARDING/TUBING/SLEDDING**

Bousquet: 101 Dan Fox Dr., 413-442-8316, [www.bousquets.com](http://www.bousquets.com)

\*\*City of Pittsfield Osceola Park – Sledding Hill & Rope Tow: Osceola St., 413-499-9368

\*\*City of Pittsfield Clapp Park – Sledding Hill: West Housatonic St., 413-499-9368

## ACTIVE LIVING RESOURCES FOR PITTSFIELD

### SWIMMING

Berkshire Community College: 1350 West Street, 413-499-4660, [www.berkshirecc.edu](http://www.berkshirecc.edu)

Berkshire Family YMCA – Pittsfield Branch: 292 North St., 413-499-7650, [bfymca.org](http://bfymca.org)

Berkshire West Athletic Club: 100 Dan Fox Dr. Pittsfield, 413-499-4600, [www.berkshirewest.com](http://www.berkshirewest.com)

Gladys Allen Brigham Center: 165 East St., 413-442-5174, [www.brighamcenter.org](http://www.brighamcenter.org)

Onota Lake: Lakeway Drive & Valentine Rd., 413-499-9368

Pittsfield Boys & Girls Club: 16 Melville St., 413-448-8258, [www.bgcberkshires.org](http://www.bgcberkshires.org)

Pontoosuc Lake: Route 7 & Hancock Rd., 413-499-9368

### TENNIS

Berkshire Community College: 1350 West Street, 413-499-4660, [www.berkshirecc.edu](http://www.berkshirecc.edu)

Berkshire West Athletic Club: 100 Dan Fox Dr. Pittsfield, 413-499-4600, [www.berkshirewest.com](http://www.berkshirewest.com)

\*\*City of Pittsfield Public Tennis Courts: 413-499-9368

### VARIETY OF YOUTH PROGRAMS

\*\*City of Pittsfield Recreation Program: 70 Allen St., 413-499-9370, [www.cityofpittsfield.org](http://www.cityofpittsfield.org)

Berkshire Family YMCA – Pittsfield Branch: 292 North St., 413-499-7650, [bfymca.org](http://bfymca.org)

Gladys Allen Brigham Center: 165 East St., 413-442-5174, [www.brighamcenter.org](http://www.brighamcenter.org)

Pittsfield Boys & Girls Club: 16 Melville St., 413-448-8258, [www.bgcberkshires.org](http://www.bgcberkshires.org)